



NEWSLETTER

“It’s time for a good laugh!”

Tell one, or read one at

JOKE NIGHT

7 pm. Saturday. March 26. 2022

**at the home of Midge Reisman
in Lake Arrowhead**

To RSVP & get directions
contact Midge at midger@att.net or
818 219-1369 or 909 336-1051 by March 23.



Please come vaccinated...no joke!



SAYINGS OF A JEWISH BUDDIST

If there is no self, whose arthritis is this?

Be here now. Be someplace else later. Is that so complicated?

Drink tea and nourish life; with the first sip, joy; with the second sip, satisfaction; with the third sip, peace; with the fourth, a Danish.

Wherever you go, there you are. Your luggage is another story.

Accept misfortune as a blessing. Do not wish for perfect health, or a life without problems. What would you talk about?

The journey of a thousand miles begins with a single Oy.

There is no escaping karma. In a previous life, you never called, you never wrote, you never visited. And whose fault was that?

*Zen is not easy. It takes effort to attain nothingness.
And then what do you have? Bupkis.*

*The Tao does not speak. The Tao does not blame. The Tao does not take sides. The Tao has no expectations. The Tao demands nothing of others.
The Tao is not Jewish.*



*Happy
Birthday*

Marsha Lewis

Norma Saken



Anniversary

*Adam Fine &
Olga Jaramillo*